

LYME CENTER OF NEW ENGLAND
LYME DISEASE SYMPTOM CHECKLIST

Patient Name _____ **Date of Birth** _____

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|---|---|---|
| 1. Tick bite (deer tick or dog tick)..... | Y | N |
| 2. Rash or skin irregularities at bite site..... | Y | N |
| 3. Rashes in other places..... | Y | N |
| 4. Unexplained fevers..... | Y | N |
| 5. Unexplained chills..... | Y | N |
| 6. Unexplained weight change (loss or gain)..... | Y | N |
| 7. Severe fatigue unrelieved by rest..... | Y | N |
| 8. Swelling around the eyes..... | Y | N |
| 9. Swollen glands..... | Y | N |
| 10. Sore throat | Y | N |
| 11. Upset stomach, abdominal pain (especially in children)..... | Y | N |
| 12. Loss of appetite..... | Y | N |
| 13. Change in bowel function (constipation, diarrhea)..... | Y | N |
| 14. Chest pain..... | Y | N |
| 15. Shortness of breath, cough..... | Y | N |
| 16. Heart palpitations, pulse skips, heart block..... | Y | N |
| 17. Joint pain or swelling..... | Y | N |
| 18. Muscle pain or cramps..... | Y | N |
| 19. Neck stiffness, neck creaks and cracks | Y | N |
| 20. Stiffness of the joints or back..... | Y | N |
| 21. Headache..... | Y | N |
| 22. Confusion, difficulty in thinking..... | Y | N |

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- 23. Difficulty with concentration or reading.....Y N
- 24. Decreased short term memory Y N
- 25. Disorientation (getting lost, going to wrong place, misplacing things).....Y N
- 26. Difficulty with speech (difficulty finding words, stammering, slurring).....Y N
- 27. Mood swings, irritability, depression, panic attacksY N
- 28. Disturbed sleep: too much, too little, early awakening.....Y N
- 29. Tingling, numbness, pain, burning or stabbing sensations.....Y N
- 30. Twitching of the face or other muscles.....Y N
- 31. Facial paralysis (Bell's palsy).....Y N
- 32. Tremor or unexplained shaking.....Y N
- 33. Ears/Hearing: buzzing, ringing, ear pain.....Y N
- 34. Dizziness, poor balance, increased motion sickness.....Y N
- 35. Lightheadedness, wooziness, difficult walking.....Y N
- 36. Eyes: double vision, tunnel vision, blurry, pain, increased floaters.....Y N
- 37. Irritable bladder or urine control problems.....Y N
- 38. Sexual dysfunction or loss of libido.....Y N
- 39. Unexplained sweats, night sweats.....Y N
- 40. Exaggerated symptoms or worse hangover from alcohol.....Y N

- FEMALES ONLY:**
- 41. Discharge from breast or galactorrhea.....Y N
- 42. Unexplained menstrual irregularity.....Y N

- MALES ONLY:**
- 43. Testicular pain.....Y N