

**LYME CENTER OF NEW ENGLAND**  
**LYME DISEASE SYMPTOM CHECKLIST**

**PATIENT NAME:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **APPOINTMENT DATE:** \_\_\_\_\_

- |   |   |   |
|---|---|---|
| 1. Tick bite (deer tick or dog tick).....                       | Y | N |
| 2. Rash or skin irregularities at bite site.....                | Y | N |
| 3. Rashes in other places.....                                  | Y | N |
| 4. Unexplained fevers.....                                      | Y | N |
| 5. Unexplained chills.....                                      | Y | N |
| 6. Unexplained weight change (loss or gain).....                | Y | N |
| 7. Severe fatigue unrelieved by rest.....                       | Y | N |
| 8. Swelling around the eyes.....                                | Y | N |
| 9. Swollen glands.....  | Y | N |
| 10. Sore throat.....  | Y | N |
| 11. Upset stomach, abdominal pain (especially in children)..... | Y | N |
| 12. Loss of appetite.....                                       | Y | N |
| 13. Change in bowel function (constipation, diarrhea).....      | Y | N |
| 14. Chest pain.....   | Y | N |
| 15. Shortness of breath, cough.....                             | Y | N |
| 16. Heart palpitations, pulse skips, heart block.....           | Y | N |
| 17. Joint pain or swelling.....                                 | Y | N |
| 18. Muscle pain or cramps.....                                  | Y | N |
| 19. Neck stiffness, neck creaks and cracks.....                 | Y | N |
| 20. Stiffness of the joints or back.....                        | Y | N |
| 21. Headache.....   | Y | N |
| 22. Confusion, difficulty in thinking.....                      | Y | N |
| 23. Difficulty with concentration or reading.....               | Y | N |
| 24. Decreased short term memory.....                            | Y | N |

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- |  |   |   |
|--|---|---|
| 25. Disorientation (getting lost, going to wrong place, misplacing things).....  | Y | N |
| 26. Difficulty with speech (difficulty finding words, stammering, slurring)..... | Y | N |
| 27. Mood swings, irritability, depression, panic attacks.....                    | Y | N |
| 28. Disturbed sleep: too much, too little, early awakening.....                  | Y | N |
| 29. Tingling, numbness, pain, burning or stabbing sensations.....                | Y | N |
| 30. Twitching of the face or other muscles.....                                  | Y | N |
| 31. Facial paralysis (Bell's palsy).....   | Y | N |
| 32. Tremor or unexplained shaking.....   | Y | N |
| 33. Ears/Hearing: buzzing, ringing, ear pain.....                                | Y | N |
| 34. Dizziness, poor balance, increased motion sickness.....                      | Y | N |
| 35. Lightheadedness, wooziness, difficult walking.....                           | Y | N |
| 36. Eyes: double vision, tunnel vision, blurry, pain, increased floaters.....    | Y | N |
| 37. Irritable bladder or urine control problems.....                             | Y | N |
| 38. Sexual dysfunction or loss of libido.....                                    | Y | N |
| 39. Unexplained sweats, night sweats.....  | Y | N |
| 40. Exaggerated symptoms or worse hangover from alcohol.....                     | Y | N |
| 41. Bruising.....  | Y | N |
| 42. TMJ Temporomandibular Joint Disorder.....                                    | Y | N |
| <b>FEMALES ONLY:</b>   |   |   |
| 41. Discharge from breast or galactorrhea.....                                   | Y | N |
| 42. Unexplained menstrual irregularity.....                                      | Y | N |
| <b>MALES ONLY:</b>   |   |   |
| 43. Testicular pain.....   | Y | N |